

RESOLVE & RUN 2012

Worksheet

Definitions:

Resolve – a firm commitment; a new attempt to find a solution to a problem

Run – a lifestyle requiring a decision, effort, sacrifice, training and perseverance focused in a particular direction, with a reward in mind

Foundational Scripture Passage:

Hebrews 12:1-2

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.

THE Question:

1 Kings 18:21

Elijah went before the people and said, "How long will you waver between two opinions? If the LORD is God, follow Him; but if Baal is God, follow him."

RESOLVE => REVEAL, REPAIR, RESPOND, REQUEST

REVEAL the sources of my "trouble" (problems, hindrances, sins):

Questions to answer:

1. Where have I been ignoring or abandoning the LORD's commands?

2. Where have I been trusting in, or valuing, someone or something more than the LORD?

3. Where have I been more firmly committed to someone or something than to the LORD?

What do my answers **REVEAL** about the sources of my "trouble?"

REPAIR my relationship with God:

A question to identify the brokenness of the "**stones** of my altar":

Where does my heart need to turn (repent) in relation to God, others, or circumstances?

The "Living **Water**" of God's Truth (based on 1 John 1:9) with which to saturate my heart:

When I confess my sins, You are faithful and just and will forgive me my sins and purify me from all my unrighteousness.

A prayer (based on 1 Kings 18:36-38) asking God to burn away my hindrances and sins with His "fire":
O LORD, God of Abraham, Isaac and Israel, let it be known today that You are my God and I am Your servant and committed to obeying Your commands. Answer me, O Lord, let Your fire fall and burn away the hindrances and sins in my life, so that everyone who knows me will know that You are my God and You are turning my heart back to You again.

REPAIR Project:

1. Go to the area in front of the cross.
2. Arrange 12 stones on the ground however you would like while confessing the hindrances and sins you have revealed today.
3. Fill a cup with water and splash water on the stones 12 times while repeating the truth (based on 1 John 1:9) listed above.
4. Pray the prayer (based on 1 Kings 18:36-38) listed above.
5. Return stones and cup, then finish this worksheet.

RESPOND with words, actions, and trust:

Responses to make:

1. Write a brief statement of what God means to you.

2. List the action steps you need to take in obedience to God, especially describe what you need to do to permanently remove the evil influences in your life.

3. List several promises God has made in His Word that you need to trust.

REQUEST God's fulfillment of His Promises:

Talk to God about what is ahead:

1. Write a brief repeatable prayer about your expectation that God will start small and over time will fulfill every promise He has made to you.

2. Pray your prayer over and over until we run out of time today.

RUN => Take what you have experienced today and make it a lifestyle every day. Make decisions. Give effort. Make sacrifices. Train yourself. And, persevere focused on Jesus and the joy with which He will reward you for running the race He has marked out for you.

Don't just run your race!

Be an active part of a community helping others run their races as well!